Detailed Implementation report

SRH Mobile Outreach Clinics January – December 2023

1. Project Overview

Title: SRH Mobile Outreach Clinics

Location: Serenje & Mkushi Districts, Central Province, Zambia

• **Duration:** January – December 2023

• **Objective:** Increase access to sexual and reproductive health (SRH) services for rural youth through mobile clinics and peer-led education.

2. Background & Rationale

In rural Central Province, many young people lack access to SRH services due to distance from health facilities and cultural barriers. High teenage pregnancy rates and STI prevalence highlight the need for innovative outreach models. Mobile clinics, paired with peer educators, bridge service gaps and normalize SRH discussions, aligning with Zambia's national adolescent health strategy and SDGs 3 (Good Health) and 5 (Gender Equality).

3. Activity Components

- Mobile Clinics: Monthly outreach sessions delivering SRH services in schools and markets.
- Peer Education: Training 18 youth educators to facilitate interactive sessions.
- Health Commodities Distribution: Free distribution of condoms, contraceptives, and IEC materials.
- Referral Linkages: Connecting beneficiaries to district hospitals for advanced care.

4. Detailed Execution Phases

Phase 1 – Planning & Recruitment (Jan-Feb 2023):

Youth peer educators recruited; training conducted in SRH and facilitation.

Phase 2 – Mobile Outreach Rollout (Mar–Sep 2023):

10 mobile clinic rounds conducted across Serenje and Mkushi; school-based sessions included.

Phase 3 - Monitoring & Feedback (Oct-Nov 2023):

Follow-up surveys to assess knowledge gain and service uptake; feedback workshops held.

Phase 4 – Policy Engagement & Reporting (Dec 2023):

Findings shared with District Health Offices; final report disseminated.

5. Implementation Timeline

Phase	Timeline
Planning & Recruitment	Jan-Feb 2023
Outreach Rollout	Mar-Sep 2023
Monitoring & Feedback	Oct-Nov 2023
Policy Engagement & Reporting	Dec 2023



6. Outcomes & Impact

- Reach: 2,300 youth accessed SRH information and services.
- Capacity: 18 peer educators trained and active in communities.
- **Health Uptake:** STI testing increased by 55%; contraceptive use improved.
- **Knowledge:** 70% of surveyed youth reported improved understanding of SRH rights and services.

7. Key Partners

- Serenje & Mkushi District Health Offices: Technical guidance and mobile clinic staff
- UNFPA Zambia: Funding and IEC material support
- Local Schools: Venues and student mobilization
- Traditional Leaders: Community sensitization and buy-in

8. Youth & Community Testimonials

"The mobile clinic was the first time I accessed safe SRH services in my village." — Leah Bwalya, Student

"Our youth are now more confident to seek information and services. This project gave us tools to protect our future." — Head Teacher, Serenje Secondary School

9. Financial Report – UNFPA Grant (\$70,000)

Budget Item	Amount (USD)	Description
Peer Educator Training	\$12,000	Training sessions, materials, allowances
Mobile Clinic Operations	\$25,000	Transport, medical staff, fuel, equipment



Commodities & IEC Materials	\$10,000	Condoms, contraceptives, pamphlets, posters
School & Community Sessions	\$8,000	Venues, logistics, facilitator stipends
Monitoring & Evaluation	\$7,000	Surveys, data entry, workshops
Policy Engagement & Dissemination	\$5,000	District forums, report printing
Administration & Contingency	\$3,000	Coordination, communication, overheads
Total	\$70,000	Grant Allocation

Summary

With \$70,000 in funding, Midwestland Youth Society successfully delivered SRH Mobile Outreach Clinics in Central Province. The project trained 18 youth peer educators, reached 2,300 young people, and significantly improved knowledge and access to SRH services. It demonstrated the effectiveness of combining mobile service delivery with peer-led education in bridging health gaps for rural youth.

Approved by:

James Mwiza

Executive Director, Midwestland Youth Society

Date: 15th December 2023